

EDUCATION 479

DESIGNS FOR LEARNING: PHYSICAL EDUCATION

(CO-EDUCATIONAL PHYSICAL EDUCATION FOR THE SECONDARY STUDENT)

SUMMER SESSION, 1978.

Instructor: Paulette Thomson.

This course is designed to assist students and teachers planning to teach co-educational physical education in the secondary schools of this province. The central focus of this course will be to provide students and teachers with an understanding of curriculum development, teaching strategies and practical sessions in activities suitable for co-educational physical education in the secondary school program.

Required Text: Musska Mosston, Teaching: From Command To Discovery,  
Wadsworth Pub. Co. Belmont.

Topic Outline:

1. Socio-cultural issues
2. Physiological differences and injuries.
3. Identify the purpose and objectives of a co-educational physical education program.
4. To select and evaluate activities appropriate for a co-educational physical education program.
5. To examine various teaching strategies which could be used in the co-educational physical education program.
6. To examine community resources and innovative activities which could be included in the co-educational program.

Supplementary Reading List:

An additional list of readings will be on 24 hour reserve in the library.

Evaluation of students:

1. Written term project, teaching assignment and unit plan.
2. Subjective evaluation based on participation and contributions in class.

PT:ca

COURSE OUTLINE

- July 3 Introduction to course
- July 5 Scope and Sequence
- July 10 Safety training (games, gymnastics)
- July 12 Games (creative)
- July 17 Dance
- July 19 Gymnastics (formal)
- July 24 Gymnastics (movement approach)
- July 26 Large apparatus
- July 31 Wall apparatus
- Aug. 2 Games (formal) - take home exam assignment
- Aug. 9 Exam due - discussion of any concerns or interests

Evaluation:

5 short assignments	25%
1 major paper	30%
1 take home exam	25%
participation & attendance	20%

EDUCATION 479-4  
DESIGNS FOR LEARNING: PHYSICAL EDUCATION: INTERMEDIATE  
INTERSESSION AND SUMMER SESSION, 1978

This course is designed to assist students planning to teach physical education to children in the intermediate grades in the elementary schools of this province. The central focus of this course will be to provide students with an understanding of curriculum development, teaching strategies and practical sessions in the main instructional activities of the intermediate physical education program.

INSTRUCTORS:

Interession:

Tuesday and Friday 8:30 - 12:30 G. Kirchner, Mini-Gym, Admin. Bldg.  
Monday and Wednesday 12:30 - 4:30 D. Van Sant, Mini-Gym, Admin. Bldg.

Summer Session:

Tuesday and Friday 12:30 - 4:30 P. Thompson, Mini-Gym, Admin. Bldg.

REQUIRED TEXTS:

Boorman, J., Dance in the Intermediate Grades, Longmans  
Kirchner, G., Cunningham, J., and Warrell, E., Introduction  
to Movement Education, Second Edition, Brown, 1978  
Kirchner, G., Physical Education for Elementary School  
Children, Fourth Edition, Brown, 1978

TOPIC OUTLINE:

The following topics will be covered in this course.

1. Physical education in the elementary school curriculum.
2. The child and movement experiences.
3. Developing a physical education curriculum.
4. Instructional activities.
5. Posture and physical fitness.
6. Intramural and extra class programs.
7. Coping with exceptional children.
8. Contemporary issues in elementary school physical education.

SUPPLEMENTARY READING LIST:

An extensive list of readings are available on 24 hour reserve in the library.